Thornton Heath Islamic Centre

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NIYYAH (Intention for fasting) بِصومِ غَدِنُويتُ مِنْ شَهرِ رَمَضَان

(WA) BI SAWMI GHADIN NAWAYTU MIN SHAHRI RAMADAN

"I resolve to keep fast in the month of Ramadhan".

Please note to make NIYYAH (Intention) to fast is necessary orally or in the heart although verbal intention is preferred

MUSTAHABBAAT (Commendable acts worthy of much reward) during SAWM (Fasting)

- 1. To partake of Sahri before beginning the fast.
- 2. To partake of Sahri in the latter part of the night.
- 3. To make Naiyah for fasting during the night.
- 4. To break fast by Iftar soon after sunset.
- 5. To do iftar by eating dates if not than with water.
- To abstain from useless, evil and vulgar talks, swearing, telling lies and backbiting.

DU'AA TO END THE FAST اللهُمّ إنّى لَكَ صُمتُ و بِكَ آمنْتُ وعَلى رِزقِكَ افْطَرْتُ

ALLAHUMMA INNI-LAKA SUMTU WA BIKA AAMANTU WA-ALA RIZQI KA AFTARTU

"O Allah I have fasted for you. In you do I believe, and with your provision (food) do I break my fast". (Tabrani, Vol. 2, P8. 1229)

Fast becomes Makruh by the following (things which are disliked and sinful during fasting):

- 1. To delay bath which is waiib after Subah Sadig.
- 2. To apply tooth powder or tooth paste in the mouth or gargle unnecessary.
- 3. To taste something without necessity.
- 4. To have intimate contact with your spouse.
- To speak behind someone's back (Gheebat or Chugli) or to have vulgar conversation
- To fight or quarrel with somebody. Tell a lie, swearing are sinful acts even when not fasting, therefore they become even worse during fasting.

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*Islamic dates are subject to the sighting of the crescent moon.

Sunset is three minutes before Magrib Zawal is ten minutes before the beginning of Zohr.

FOR MARCH Jummah Lecture at 12:10pm, Jummah Azaan at 12:30pm, 1st Jummah Khutbah and Salaat at 12.45pm.

2nd Jummah salaat at 1:10pm

FOR SUMMER Jumma Lecture at 1:00pm, 1st Jummah Azaan 1:15pm 1st Jummah Khutbah and Salaat 1:30pm

2nd Jummah Salaat at 2:00pm

Fasting is not broken by the following:

- 1. To eat or drink something by mistake.
- 2. To use MISWAK or dry toothbrush (without paste).
- To use perfume (ITTR) or apply Surmah, medicines or oil in the eye or ear.
- 4. To have injection or blood test
- 5. Wet dreams which makes Ghusul (bath) wajib
- 6. To vomit unintentionally
- 7. To use hair oil in head
- 8. Nocturnal discharge during fast.
- Unintentional inhaling of dust or smoke
- 10. Bleeding when using MISWAK.

Following acts break FAST but necessitate QADHA only.

- 1. To eat, drink or have sexual intercourse thinking that still there is time for Sahri.
- 2. To open fast thinking that the sun has set whereas in fact it has not.
- If water goes down the throat during moutwash unintentionally
- 4. By vomitting mouthful intentionally
- 5. To put medicine or oil in nose.
- 6. To inhale or take smoke of LOBAN or AGARBATI (Joystick)
- 7. Using asthma pump.

Following acts break FAST and necessitate both QADHA and KAFFARAH (fasting 60 extra days) Knowingly eat or drink something or to have sexual intercourse during the fast or to take medicine by mouth or nose intentionally.

ZAKAT is compulsory on personal wealth which is 2½%.

SADAQATUL FITR IS WAJIB

Each Muslim on his behalf and on behalf of those he maintains, must give before the EID Prayer, the Sadaqatul Fitr for the poor. The amount is £3.50 per person minimum.